**Adult 3 on 3 Basketball Rules**

* Each team consists of three players and one substitute. Coed Division must have 1 girl on floor at all times.
* The game is played on a half-court, with one basket.
* A men’s ball will be used in Adult Coed & Adult Men
* A shot clock will not be used.
* A jump ball is not used to start the game. Instead, a coin toss is held immediately before the game. The winning team can choose to take possession of the ball at the start of the game, or take the first possession of a potential overtime period.
* There are no jump balls at any time in the game; neither is there an alternating possession rule. In any held ball situation, the defensive team is granted possession.
* League games are 2- 10 minute halves with running clock until last minute of each half. Tournament games are 1- 12 minute game with running clock until last minute. A tie in regulation leads to a 2 minute overtime.
* Game play starts with the defensive team exchanging the ball with the offensive team behind the arc. This exchange is also used to restart the game from any dead ball situation.
* If the defense gains possession of the ball within the arc, by a steal, a block or a rebound, the team must move the ball behind the arc before being allowed to take a shot.
* After a made goal or free throw (except for technical or unsportsmanlike fouls and team fouls 10 or more), play restarts with a player from the non-scoring team taking the ball by dribbling or passing it to a point behind the arc.
* No dunking will be allowed.
* Substitution can occur only in a dead ball situation.
* Each team is allowed one timeout per half.
* Individual personal foul counts are not kept. In other words, players cannot be disqualified on the basis of personal fouls; however, a player who commits two unsportsmanlike fouls is disqualified.
* Fouls during the act of shooting inside the arc are awarded 1 point and 1 free throw, whilst fouls during the act of shooting behind the arc are awarded 2 points and 1 free throw. Team fouls 7+ results in two free throws. Ball is live on free throws.
* Technical fouls (including unsportsmanlike fouls) result in two free throws plus possession of the ball.
* Scoring is traditional by 1’s (free throws), 2’s and 3’s.
* Arguing, profanity, and fighting will **NOT** be tolerated. It will be at the official’s discretion if a player and/or team is ejected.